

Post Guidelines

- Always use timely and accurate information from trusted sources. Check out government websites like <https://www.cdc.gov/> and <https://www.scdhec.gov/> for the latest facts.
- Keep your copy short and simple.
- When possible, share your personal experiences for a more impactful post. What are you doing to stay safe during the COVID-19 pandemic?
- Use the hashtag #staysafesc

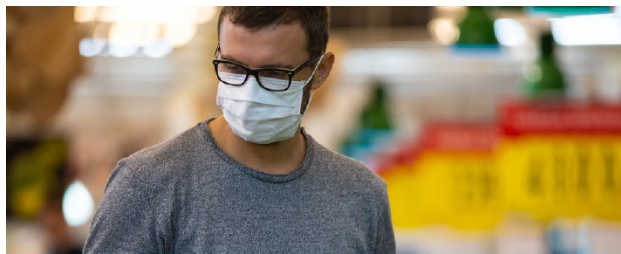
Sample copy



Physical distancing in public spaces.



- Limiting close face-to-face contact with others is the best way to reduce the spread of COVID-19. Keep your family safe by physical distancing in public spaces. #staysafesc
- I protect my family by physical distancing. What does that mean? It's easy! I stay home when I can, stay at least 6 feet from others in public and avoid crowded gatherings. #staysafesc



wearing a face covering in public spaces.



- COVID-19 can spread quickly and easily. Always wear a face covering in public places to protect yourself and others. #staysafesc
- I always wear a mask in public spaces even when I'm not at work. It's one of the easiest ways to protect my family! #staysafesc



I keep my family safe by...



washing my hands on a regular basis.



- Washing your hands with soap and water for at least 20 seconds is one of the best ways to protect yourself and your family. #staysafesc
- I keep my family safe by regularly washing my hands. I always wash my hands after being in public and before touching my face. It's that simple! #staysafesc



I keep my family safe by...



checking my temperature if I'm not feeling well.



- Check your temperature and stay home if you are not feeling well. Follow CDC and DHEC guidelines to protect yourself and others. #staysafesc
- Did you know that fever is one of the symptoms of COVID-19? I always check my temperature and stay home if I'm not feeling well. #staysafesc